

GO FOR IT! Start a Total Makeover

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THE BEAUTY EXPERT

JANUARY 2007

SPECIAL MAKEOVER ISSUE

Amazing Celebrity Before-and-After

PLUS: 46 Gorgeous Ways To Revamp Your Look

Timeline

MANI DIARIES

Once a sign of wealth and indulgence, polished nails are now standard grooming. We look at the ways women have decorated their fingernails over the years. —LIANA MARRARO



1975: The French manicure, a translucent pink base with white tips, is created by an American company, Orly.



6 WAYS TO THIN

Easy Diets That

AS SEEN IN
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